

Life to the Full:

Living faith within our families

Monthly newsletter for parents: July 2017



Jebba & Kay

“Anyone who welcomes you welcomes me and those who welcome me welcome the one who sent me.”

The Gospel for the Sunday 2 July gives an example of Jesus welcoming others through meaningful and heartfelt contact. He sought out those who felt excluded and experienced life with them.

In our Gospel assembly, we have been exploring this sort of welcome through the story of two friends, Jebba and Kay.

At first, Jebba was as excited as Kay about the end of term disco but, when she learned that everyone would be wearing their

own clothes, her enthusiasm disappeared. Recently arrived from India, Jebba didn't have party clothes and so decided to go in her school uniform, hoping to avoid being noticed.

Kay was shocked to hear this and, after some soul searching, she resolved to lessen Jebba's embarrassment by going to the disco in her uniform too. Jebba was so pleased at her friend's kindness that she invited her new friend to her home. Whilst there, Kay saw the beautiful saris that Jebba usually wore; gorgeous but so very different from their school friends' clothes.

It took courage for Kay to go to

the school disco wearing one of Jebba's saris but, walking in together with Jebba similarly dressed, made it much easier. By the end of the day, others had witnessed the beauty, not only of another culture, but also of Jebba and Kay's friendship.

Through this story, the children are encouraged to reflect on how they can make a welcome space for Jesus and others in their own hearts.

Prayer

Jesus,

Help me to recognise that you are the source of my energy. You demonstrate a way of living that provides for my true needs. You are all that I need.

Amen.

Renewable Energy

Hurray for the holidays!

A chance to rest?

Or do we swap one activity for another and come to the end of our holidays almost as tired as we began? Perhaps instead of changing our activities, we might change the way that we do them. We might eat an orange experiencing only the taste of it. Or we might feel its full, heavy roundedness in our hand, smell its sharp, sweet scent and

experience the waiting as we peel it carefully before tasting.

What might happen if we gave the ordinary events in life more time?

Jesus invites us:

“Come to me, all you who labour and overburdened and I will give you rest. Learn from me for I am gentle and humble in heart and you will find rest for your souls. Yes, my yoke is easy and my burden light.”

